

OFFICE OF QUALITY PROFESSIONALS
Summary of State Board of Education Items
July 24-25, 2008

EDUCATOR LICENSURE

Approval of the Health Education Institute for Supplemental Endorsement and Approved Program as Recommended by the Commission on Teacher and Administrator Education, Certification and Licensure Development
(has cleared the Administrative Procedures Act with no public comments)

In the 2007 legislative session, the Mississippi Legislature passed the MS Healthy Students Act to support the undeniable relationship between the health of students and academic achievement by requiring increased amounts of physical activity and health education instruction for K-12 students. The Act mandates 45 minutes per week of health education instruction and 150 minutes per week of activity-based instruction in grades K-8. In grades 9-12, there is a ½ Carnegie unit requirement in health education for graduation and ½ Carnegie unit requirement in physical education for graduation. In accordance with the Mississippi Healthy Students Act and to assist school districts with the implementation of this Act, the Office of Healthy Schools is proposing to conduct three Health Education Institutes. These Institutes have been developed based on requests from superintendents, principals, teachers, and other school district personnel who support quality implementation of the health education requirement, however they feel there is a need for additional training/certification. The Health Education Institute is designed to address three gaps toward implementation of quality health education programs. The Institutes will address the following:

increase number of 9-12 certified health education teachers,
improve health education content knowledge and skills of licensed K-8 teachers, and
provide opportunities for continuing education in health education for all school district personnel.

It is understood that there are other opportunities that exist to receive an endorsement in health education (i.e. approved program, Master's Degree Program, etc.); however, cost and accessibility to these programs sometimes limit the opportunity for many teachers to participate.

Purpose:

The Mississippi Healthy Students Act and the Mississippi Public School Accountability Standards require health education in grades K-12. Due to the new regulations for health education, there will be an increased need for training/certification to support quality implementation of health education programs. The Health Education Institutes were developed for the following reasons:

There is no Praxis test validated for a health education endorsement in Mississippi.

The Mississippi Healthy Students Act requires 45 minutes per week of Health Education in K-8.

The Mississippi Public School Accountability Standards requires ½ Carnegie unit of health education for graduation.

The only way to receive a health education endorsement is through an approved college program.

Eligible participants would include the following:

Any teacher who presently holds a valid teaching license will receive 3 CEU credits and a certificate of participation.

Any teacher in grades 9 – 12 who currently holds a valid teaching license in health education would receive CEU credit for participation.

Any teacher in grades 9 – 12 who currently holds a valid teaching license in Science or Physical Education could receive 3 CEU credits and an endorsement in health education.

Certified teachers who previously were awarded a Health, Physical Education and Recreation degree and only received the physical education endorsement could receive an endorsement in health education and 3 CEU credits.

The proposed institute will be designed as follows:

Offer 3 regional cohort trainings

Present a four day instructional training and one day of follow-up training, to include review of successes and barriers related to implementation (follow-up training will serve as one criteria for identifying the need to provide additional institutes)

Based on the Mississippi Comprehensive Health Framework
Support integration of health education into other subject areas
Include resources developed by the Office of Healthy Schools
Contract with IHL representative(s) to provide training.

Backup material attached

Recommendation: Approval

Proposal for Health Education Certification

Background

There is an undeniable relationship between the health of students and academic achievement. We know that if schools do not deal with children's health by design, then they deal with it by default. With the recent passage of the MS Healthy Students Act, schools will be required to develop wellness policies and implement school health councils, activity-based instruction, and health education. There is a need in the state of Mississippi for teachers to be able to get certification in health education. The Mississippi Healthy Students Act and the Mississippi Public School Accountability Standards require health education and activity-based instruction in grades K-12. Due to the new regulations for health education, there will be an increased need for training/certification to support quality implementation of health education programs.

Statement of the Need

Presently the only way to receive a health education endorsement is through an approved college program. There is no Praxis test validated for Mississippi. The Mississippi Healthy Students Act requires 45 minutes per week of Health Education in K-8. The Mississippi Public School Accountability Standards requires ½ Carnegie unit of health education for graduation.

Project Narrative

The Office of Healthy Schools is proposing to conduct three Health Education Institutes which would serve to provide the necessary endorsement in health education for eligible teachers in 9-12 grades. In addition, CEU's (.6 per day @5 days = 3.0) will be earned by all participants for completion of the institute.

Eligible participants would include the following:

any teacher who presently holds a valid K-8 teaching license,
any teacher in grades 9 – 12 who currently holds a valid teaching license in science or physical Education could receive an endorsement in health education and CEU credit,
any teacher in grades 9 – 12 who currently holds a valid teaching license in health education could receive CEU credit, and
certified teachers who previously were awarded a Health, Physical Education and Recreation degree and only received the physical education endorsement could receive an endorsement in health education and CEU credit

The proposed institute will be designed as follows:

presented as a four day training, with one day of follow-up training one year after the initial training be based on the Mississippi Comprehensive Health Framework,
support integration into other subject areas, include resources developed by the Office of Healthy Schools, require the Office of Healthy Schools to contract with IHL representative(s) to provide training, and provide secondary teachers a 142 endorsement.

Day 1**Monday, July 21, 2008****Central High School Building (proposed)****Saturday, August 2, 2008****Mississippi State University (proposed)****Saturday, September 6, 2008****University of Southern Mississippi (proposed)**

Presenter: Shane McNeill, Director, Bureau of Coordinated School Health, OHS

Lesson	Resource	Topic	MDE Benchmark
Mississippi Public School Accountability Standards	2007 Mississippi Public School Accountability Standards	Requirements for school health programs- School Health Councils, Wellness Policy, Graduation requirement, Mississippi Healthy Students Act	Support for quality instruction in Health Education
Why and How: Coordinated Approach to School Health	www.healthyschoolsms.org, "8 Steps to Building a HEALTHY Student"- MDE Youth Risk Behavior Survey (Centers for Disease and Control) SmartTrack Survey- (Dream)	Health Education, Nutrition Services, Counseling Psychological Services, Physical Education, Community Involvement, Staff Wellness and Health Services	Competency #1
National Standards for Health Education	Comprehensive School Health Education – Meeks, Heit and Page	A Blueprint for Implementing the National Health Education Standards	Competency #1, 2,3,4,5,6 and 7
Mississippi Comprehensive Health Framework (Mississippi Standards)	Principals of Health Education and Health Promotion – Butler MS Comprehensive Health Framework- MDE	A Look at the Mississippi Comprehensive Health Framework	Competency #1,2,3,4,5,6 and 7
Resources for Health Education	Health in Action – online lesson plans for teachers-MDE www.healthyschoolsms.org Comprehensive Health Education Curriculum Guide- American Alliance for Health Education (AAHE)	Resources Available for Teaching Health Education	Competency #1, 2,3,4,5,6 and 7
Student Assessment	HEAP (Health Education Assessment Project) Supplemental Resource List TEACH Mississippi		

Institute Schedule:

8:30 a.m.	Registration
9:00 a.m.	Distribution and review of workshop materials
9:15 a.m.	Introductions
10:00 a.m.	Mississippi Public School Accountability Standards
10:45 a.m.	Break
11:00 a.m.	What and Why: Coordinated School Health
11:45 a.m.	Lunch
12:30 p.m.	National and State Standards for Comprehensive Health Education
1:30 p.m.	Break
1:45 p.m.	Resources for Comprehensive Health Education
2:45 p.m.	Wrap-Up, evaluation and assessment
3:15 p.m.	Adjourn

Day 2**Tuesday, July 22, 2008****Central High School Building (proposed)****Saturday, August 9, 2008****Mississippi State University (proposed)****Saturday, September 13, 2008****University of Southern Mississippi (proposed)**

Presenter: Christine Philley, School Health Administrator
Office of Coordinated School Health

Lesson	Resource	Topic	MDE Benchmark
Role of the Health Educator	<u>Exploring Education</u> , Sadovnik, Cookson & Semel	The Role of the Health Educator in Mississippi Schools	Support quality instruction of Health Education
Student Assessment	Mississippi Comprehensive Health Framework, <u>Educational Testing & Measurement</u> – Kubiszyn & Borich	Assessment of students in Health Education classes	Support quality instruction of Health Education
Integration of Other Subject Areas	Mississippi Comprehensive Health Framework Health in Action UnitedStreaming	Ways to integrate other subjects into health education lessons	Competency #1,2,3,4,5,6 and 7
Technology in the Health Education Classroom	Career Pathways, Education with a Purpose, Dan Hull, "Arts, Audio/Visual Technology and Communications" Glencoe; Health Ed Teacher UnitedStreaming	The Use of Technology in Health Education Classroom	Competency # 4
Planning an Effective Program	Mississippi Health Education Curriculum Guide	Using the Health Education Curriculum Guide	Support quality instruction of Health Education
Classroom Management Skills	<u>Leadership for Learning</u> , Glickman <u>The First Days of School</u> – Wong & Wong School Discipline Training Guide A Guide to Effective Classroom Management	Effective Classroom Management	Support quality instruction in Health Education

Institute Schedule:

8:30 a.m.	Registration
9:00 a.m.	Distribution and review of workshop materials
9:15 a.m.	Introductions
10:00 a.m.	Role of Health Educator
10:45 a.m.	Break
11:00 a.m.	Assessment in Health Education
11:45 a.m.	Lunch
12:30 p.m.	Integration of technology and other subject areas
1:30 p.m.	Break
1:45 p.m.	Planning and management of an effective classroom
2:45 p.m.	Wrap-Up, evaluation and assessment
3:15 p.m.	Adjourn

SOS FORM APA 001
Effective Date 07/29/2005

Day 3**Wednesday, July 23, 2008****Central High School Building (proposed)****Saturday, August 16, 2008****Mississippi State University (proposed)****Saturday, September 20, 2008 University of Southern Mississippi (proposed)**

Presenters:

Pool of Service Providers Contract Worker – TBA

HIV Education Specialist – Office of Coordinated School Health

Lesson	Resource	Topic	MDE Benchmark
Healthy People 2010	Healthy People 2010	Defining a Healthy Population	Provide understanding of the nation's goals
School Based Wellness Programs	Guidelines for Building a School Health Council	Every School Should Have a Wellness Plan	Support quality instruction in Health Education
Universal Precautions	Universal Precautions: What every employee needs to know Someone at School Has Aids- National Association of State Boards of Education A Guide for Development of Communicable/ Noncommunicable Disease Policies- MDE	Healthy and safe practices for disease prevention and control	Competency #3
Community Outreach Programs	<u>Beyond the Bake Sale</u> – Henderson, Mapp, Johnson & Davies	Connecting the Community to the Health Classroom	Competency #7
Successful Interventions	Comprehensive Health Framework-MDE TEACH Mississippi- MDE Health in Action on-line lesson plans	Teaching Ideas that Work!	Competency #1,2,3,4,5,6 and 7

Institute Schedule:

8:30 a.m.	Registration
9:00 a.m.	Distribution and review of workshop materials
9:15 a.m.	Introductions
10:00 a.m.	Healthy People
10:45 a.m.	Break
11:00 a.m.	Universal Precautions
11:45 a.m.	Lunch
12:30 p.m.	Community Involvement
1:30 p.m.	Break
1:45 p.m.	Successful Interventions
2:45 p.m.	Wrap-Up, evaluation and assessment
3:15 p.m.	Adjourn

Day 4**Thursday, July 24, 2008****Central High School Building (proposed)****Saturday, August 23, 2008****Mississippi State University (proposed)****Saturday, September 27, 2008 University of Southern Mississippi (proposed)****Presenters:****Office of Safe and Orderly Schools Staff****Lea Ann McElroy – Director, Bureau of Health Services, Office of Healthy Schools**

Lesson	Resource	Topic	MDE Benchmark
Certification Training on CPR/Life Support	American Heart Association MDE Staff Members	Cardiac Pulmonary Recitation and Basic Life Support Health Services	Competency #2
Role of School Nurse in Health Education	School Nurse Protocol www.healthyschoolsms.org		Support of a Coordinated Approach to School Health

Institute Schedule:

8:30 a.m. Registration
 9:00 a.m. Distribution and review of workshop materials
 9:15 a.m. Introductions
 10:00 a.m. CPR Training
 10:45 a.m. Break
 11:00 a.m. CPR Training
 11:45 a.m. Lunch
 12:30 p.m. CPR Training
 1:30 p.m. Break
 1:45 p.m. School Nurse Protocol
 2:45 p.m. Wrap-Up, evaluation and assessment
 3:15 p.m. Adjourn

Day 5**Central High School Building Jackson, MS Office of Healthy Schools Staff****Follow-Up Review and Evaluation will be held on this fifth day of instruction.****Institute Schedule:**

8:30 a.m. Registration
 9:00 a.m. Distribution and review of workshop materials
 9:15 a.m. Introductions
 10:00 a.m. Successes/Barriers in Implementation
 10:45 a.m. Break
 11:00 a.m. Review of Institute Presentations
 11:45 a.m. Lunch
 12:30 p.m. Future Resource Development
 1:30 p.m. Break
 1:45 p.m. Future Funding Opportunities
 2:45 p.m. Wrap-Up, evaluation and assessment
 3:15 p.m. Adjourn

Health Education Institute
Syllabus- Day 1

Mississippi Public School Accountability Standards

Overview of a Coordinated School Health Program

Health Education

Nutrition Services

Counseling/Psychological Services

Healthy School Environment

Physical Education

Community Involvement

Staff Wellness

Health Services

National Standards for Health Education

Mississippi Comprehensive Health Framework

Planning an Effective Program
Curriculum Guide

Complete Pre test

Health Education Institute
Syllabus- Day 2

Student Assessment

Health Education Assessment Project - HEAP

Resources for Health Education-

Health in Action- online lesson plans available for teachers at www.healthyschoolsms.org

Comprehensive Health Education

Approved Curriculum- Supplemental Resource List

TEACH Mississippi

Integration of other subject areas

Technology in the Classroom

Role of Health Educator

Classroom Management Skills

Health Education Institute
Syllabus- Day 3

Healthy People 2000

School Based Wellness Programs

Communicable/Non-Communicable Diseases Overview

Community Outreach Programs

Successful Interventions

Health Education Institute
Syllabus- Day 4

Certification Training on CPR/Life Support

Health Education Institute
Syllabus- Day 5

Follow Up Training to include review of successes and barriers related to implementation

Complete Post Test